

## 400 Individual Medley

Swimmer	Time	Year
1.Zhawn Stevens	3:59.00	1989
2.Jonathan Stewart	4:05.33	2019
3.Asa Stewart	4:12.02	2019
4.Eli Rollen	4:27.24	2019
5.Micah Chambers	4:29.40	2019
6.Jonathan Tonnell	4:39.32	2019
7.Jason Scroeder	4:46.49	2018
8.Daniel Stewart	4:58.03	2016
9.Samuel Stewart	4:59.75	2016
10.Kade Couchman	5:02.38	2019
11.Virgel Mcvea	5:02.98	1988
12.Steve Sutherlin	5:04.21	1988
13.Michael Young	5:06.99	1999
14.Dane Griffin	5:18.32	2019
15.Robert Haas	5:29.62	2019